

## First aid training - course content

- 1 ABC - theory
- 2 DRABC
- 3 CPR
- 4 Defibrillators (AEDs)
- 5 Recovery position
- 6 Choking
- 7 Burns & scalds
- 8 Wounds
- 9 Bleeding
- 10 Accessories
- 11 Recovery from accident

